

What the scientists are saying...



Playing piano in childhood boosts brain power

Piano players are cleverer

Parents who make their children practise the piano may be helping them with more than just musical skills, reports The Daily Telegraph. A study of 70 pensioners has shown that those who had learned a musical instrument performed better in intelligence tests than those who had never learned one. The high-level musicians who had studied longest performed best – but even those who had only studied for a few years appeared to have derived a cognitive advantage from it. All the participants had similar levels of education.